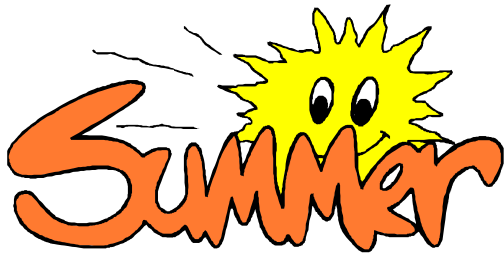


Welcome to our summer newsletter



We all hope that you will all have a chance to "get away" to your choice of destination during the summer season.

Whether you are home or away high temperatures can pose a significant risk to health. Those most at risk from the sun include children under 4 and the over 65s whose bodies adapt more slowly to the change in temperature.

Babies are particularly vulnerable to heat as their sweat glands are not well developed. It is important not to wrap them up in blankets or heavy clothing when it is hot but is equally important to ensure that they are not exposed to direct sunlight.

Also remember sitting under hot sun for too long can be hazardous, so be sure to apply plenty of sun block or high factor sun cream to exposed skin.

We welcome **Dr Anne Chan** to the practice who will be covering for Dr Mary Davies

WELCOME

whilst she takes a 3 month sabbatical.

We also welcome **Michelle O'Donoghue** who has recently joined our reception/admin team.

REFURBISHMENT

As you have probably noticed the building is undergoing a major refurbishment at the moment. This will continue until September and it means moving some doctors and nurses around whilst their areas are being renovated so we are sorry for any noise or disruption this causes.

Community services such as podiatry and Dentistry have now moved to Holloway Community Health Centre, 11 Hornsey

COMMUNITY SERVICES

Street London, N7 8GG
Contact number 020 3316 8800/8801.

The District Nurses and Health Visitors are still based here at the Health Centre and can be contacted on 020 7530 4900

LETTERS FROM NHS ISLINGTON

Every couple of years NHS Islington send out letters to all our patients to check if

you are still living at your registered address. This is happening right now. If you don't reply to their letter you may be taken off of our practice list and you will have to re-register.

So please if you receive a letter be sure to respond to it.

BLOOD APPOINTMENTS

From **23rd August 2010** the walk in blood clinic will be by appointment only so please call 0207 619 6670 then option 1 to book your blood appointment.

These appointments will be between 9am - 10am

SPOT LIGHT ON JOAN - HEALTH CARE ASSISTANT/RECEPTIONIST



How long have you work at the practice? 3 years

What are the main aspects of your job? Frontline reception/plus Health care assistant providing assistance to the practice nurses taking bloods and blood pressure

What do you enjoy most about working here? I enjoy the varied nature of my job plus the friendliness & teamwork amongst the staff team

If you were holding a dinner party what famous people dead or alive would you invite? Bette Midler, Kathy Burke, James Dreyfus, Owen Wilson